

Thinking of working alongside co-researchers with lived experience to enhance your research?

Common Room can help you do this.

Why **COMMON ROOM**?

- We have overseen co-production on many research projects which explore different aspects of children and young people's mental health
- We make sure that participants come with the **most relevant lived experience** for your project and we can take care of quick incentive payments
- We can support participants throughout a whole research project, including **onboarding, consent and safeguarding**

Tried and tested approaches to promote ethical and inclusive practices which we have developed with young people

- ✓ Bespoke focus groups with children, young people and other stakeholders to **inform research bids**
- ✓ Facilitation of **interviews, young people's advisory groups /expert reference groups** on sensitive topics
- ✓ Employment of **Young Co-Researchers** to work alongside research teams and **Lived Experience Project Workers** to co-facilitate workshops, interviews and groups



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COMMON ROOM

where young voices shape decisions

Common Room is a consultancy based in West Yorkshire informed by mental health lived experience. We are passionate about voice and influence and we work across the country to support research, education and to improve health provision.

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