

Want to bring **lived experience** into your learning approach?

Common Room can help you do this through a **learning partnership**.

Why **COMMON ROOM** ?

- We bring **over 20 years of experience** delivering training and consultation; from supporting organisations to develop workable strategies, to teaching students key principles and good practice in PPI.
- Our learning materials come directly from **real children, young people and young adults with relevant lived experience** in relation to mental health challenges, trauma, neurodivergence and those in 'at risk' groups.

Embed real life experiences into teaching and training via consultation and bespoke learning packages for your setting

We also offer off-the-shelf modules including...

- **Understanding Shared Decision Making and the Value of Young People's Lived Experience.** Suited to cohorts of students, trainees and front line staff in health, education and wellbeing settings and clinical environments.
- **Building Voice and Influence into Everyday Practice.** Suited to staff teams and those in key practitioner roles who want to explore meaningful service user involvement to enhance service delivery.



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COMMON ROOM
where young voices shape decisions

Common Room is a consultancy based in West Yorkshire informed by mental health lived experience. We are passionate about voice and influence and we work across the country to support research, education and to improve health provision.

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